

























Summary of History Taking

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# •Why do we take history from the patient?



#### • How do we take history?



#### **Components of the History**

- Personal history
- The present complaint
- The history of the present complaint
- Remaining questions of abnormal system
- Review of systems
- Drug history
- Past medical history

Past surgical history

Immunizations

- Family history
- Social history & habits





- INTRODUCE YOURSELF TO THE PATIENT AND EXPLAIN TO HIM OR HER WHAT YOU ARE GOING TO DO.
- GET A CHAPERON WHEN YOU INTERVIEW A FEMALE PATIENT.

#### **ALWAYS RECORD PATIENT'S**

- Name
- Age
- Sex
- Marital status
- Occupation
- Address
- Special habits



# Social history & habits

- Marital status
- Hazards of occupation
- Social status- type of residence
- Travel abroad-dates
- Smoke
- Drinks
- Any unusual?



#### 1-Present complaint

- In patient's own words with duration.
- "What are you complaining of?"
- "What is the problem?"
- "What is the matter?"



#### 2-History of the present complaint

#### EXAMPLE: ABDOMINAL PAIN

- Site
- Time and mode of onset
- Nature
- Duration
- Severity

- Radiation
- Progression/end
- Relieving factors
- Exacerbating factors
- Cause



#### 3-Remaining questions of abnormal system



### 4-Review of systems

- The Gastro-intestinal system
- The Respiratory system
- The Cardiovascular system
- The Urogenital system
- The Nervous system
- The Musculoskeletal system



#### Gastro-intestinal system

- Appetite
- Diet
- Weight
- Teeth and taste
- Swallowing
- Regurgitation
- Fatulance

- Heartburn
- Vomiting
- O Haematemesis
- Abdominal PAIN
- Abdominal distension
- Defecation
- Change of color of skin

# The Respiratory system

- Cough
- Sputum
- Haemoptysis
- Dyspnoea
- Orthopnoea
- Chest pain



## The Cardiovascular system

- CHEST PAIN
- Dyspnoea
- Orthopnoea
- Palpitations
- Cough and sputum
- Dizziness and headache
- Ankle swelling
- Peripheral vascular symptoms



# The Urogenital system

- Pain
- Oedema
- Thirst
- Micturition
- Urine

- Scrotum and urethra
- OMenstruation
- Pregnancies
- Breasts
- Secondary sex characteristics

### The Nervous system

- Mental state
- Conscious level
- Fits
- TIAS= transient ischemic attacks
- Loss of sensations
- Paraesthesiae (pins and needles)



# The musculoskeletal system

- Pain
- Swelling
- Limitation of movements of any joint



# 7-Drug history

- Steroids
- Insulin
- Antihypertensive drugs
- Hormone replacement therapy



## 5-Past medical history

- Any hospitalization
- TB = Tuberculosis
- DM = Diabetes mellitus
- Asthma
- Rheumatic fever
- Contact with patients with hepatitis or aids



## 6-Past surgical history

- Previous operations
- Blood transfusion
- Any complications with anesthesia
- Bleeding tendencies



#### 8-Immunizations

- DPT = diphtheria, pertussus, tetanus
- Measles
- Mumps
- Rubella
- Poliomyelitis
- TB
- Smallpox
- Typhoid



## 9-Family history

- Health and age or cause of death of patient's parents ,brothers and sisters
- DM, HTN
- Malignancy, Autoimmune diseases
- Infectious diseases
- Similar condition



#### Summary

- Patient's name, age and sex.
- Complaint and the most important positive characteristics of his/her complaint
- The most important negative features of his complaint.



# Diagnosis

• Any diagnosis consists of

#### **Anatomical part + Pathological part**

Examples:

- Breast cancer
- Peptic ulcer
- Fracture femur



Is it time to make a provisional diagnosis?

• What is a diagnosis?



#### Differential diagnosis or working diagnosis

- Most likely why?
- Less likely why?
- Least likely why?



#### Analysis of the differential diagnosis

• Review the list you made earlier



#### What have we gained from the history taking?

- To make a **diagnosis**
- To formulate a <u>complete picture</u> about this <u>patient</u> which will enable you to plan <u>his or her</u> management



